



Liberation Programs

Celebrating Community & Connections
Impact Report 2023 - 2024



2023-2024 IMPACT REPORT

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*joined June 2024

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Chief Recovery Officer

^ as of July 2024

LETTER

FROM OUR CEO & BOARD CHAIR

Dear Friends,

Can you picture a place where every step toward recovery is met with open arms and heartfelt compassion? This is the journey we share together. Because of your support, we've woven prevention, treatment, harm reduction, and recovery services into the very fabric of our community, impacting countless lives touched by substance use and mental health challenges.

Your unwavering commitment has been the heartbeat of our mission. It has been so much more than just a contribution; it has sparked our growth and inspired innovation as we've adapted to the ever-changing needs of our community, deepening our impact and expanding our reach in meaningful ways.

CELEBRATING GROWTH AND EXPANSION

This year we achieved significant milestones across our programs as we continue to respond to our community's needs. We are excited to announce that our new facility in Stamford began construction. This new building will house our Stamford outpatient services, our prevention and education department, as well as Integrated Health and a Stamford harm reduction team. This new space will allow us to serve even more individuals. We also saw significant expansion of our harm reduction team, and we've doubled our distribution of Narcan kits in the community to over 4,200. Additionally, our new Women's REACH program, in partnership with DMHAS, is providing vital recovery coaching to more women than ever before, impacting over 160 lives each year. And throughout this expansion, we have remained committed to celebrating success in recovery for staff and clients, culminating in our recognition as a Recovery Friendly Workplace.

INNOVATING FOR IMPACT

As we grow, Liberation never stops learning and innovating, since we know innovation keeps people alive. This past winter, we were thrilled to win an innovation grant from the Department of Housing to pilot a Managed Alcohol Program (MAP), which will be the first of its kind on the East Coast. This impactful program is a launching pad for people with Alcohol Use Disorder to stabilize and qualify for services like housing. We're eager to launch our pilot program in partnership with Pacific House, a testament to our commitment to integrating effective new treatments into our services.

MAKING A DIFFERENCE IN OUR COMMUNITY

Our expertise can be felt locally and statewide. Here's some good news: overdose deaths in Connecticut have decreased

by 8% from 2022 to 2023! Our efforts in prevention, education, and harm reduction are truly making a difference in our area. We know that too many lives are still lost every day, and we know we have so much work to do, but with an eye to the future, we remain hopeful and committed to our community.

OUR CONTINUED MISSION

Our programs and services are built on a foundation of kindness and compassion because we believe every life deserves love and respect. Even with the recent drop in overdose deaths, the challenges remain significant. We continue to support individuals at all stages of their recovery journey—from women reuniting with their families to men seeking new beginnings to supporting unhoused individuals who deserve compassion and care.

As we look ahead, we invite you to continue this journey with us. Together, we can create a future where every person has access to the support and resources they need to thrive. Thank you for your unwavering support and partnership.

With heartfelt gratitude,



JOHN HAMILTON
President and CEO



KWAME MOSES
Board Chair



OUR MISSION

Liberation Programs provides prevention, treatment, harm reduction, and recovery services to help individuals and their families impacted by substance use and mental health conditions to foster hope and maintain wellness.

Liberation team at
Hope Day 2023 in Greenwich



OUR SERVICES

We operate the following programs and services:

■ LIBERATION HOUSE

Liberation House is a residential treatment facility in lower Fairfield County. The men who come to Liberation House for substance use and mental health support receive individual and group counseling, Medication for Opioid Use Disorder to help reduce cravings, and can participate in the Recovery Employment Program to develop critical work skills. All Liberation House programs help the men we serve live a life of hope, health, and recovery.

■ FAMILIES IN RECOVERY

Celebrating its 30th year of helping mothers in recovery, the Families in Recovery Program (FIRP) is the only program in Connecticut that allows mothers to bring up to two of their children age 10 or younger into recovery women with them. Offering 10 beds for pregnant and parenting women, FIRP provides round-the-clock care like Liberation House and offers additional classes on parenting to help keep families whole or make them whole again through family reunification. After discharge, families may move upstairs into one of our 18 units of permanent supportive housing, Gini's House.

■ OUTPATIENT PROGRAMS

Liberation's outpatient programs support over 1,000 combined people each week in Stamford and Bridgeport. Our programs offer individual, family, and group counseling, intensive outpatient treatment, and other sober supports. We

understand success begins once a client comes through our doors for the first time, and we help them implement plans to reduce and/or eliminate substance use, improve quality of life, reconnect with family, and address health issues. Our services help empower our clients with the supports they need, imbuing them with hope and strength.

■ HARM REDUCTION

Liberation positioned itself as a leader in community-based services through the introduction of the Outreach Program in 2019. Liberation's Outreach Program provides services to people who are hard to reach and at a high risk of overdose. The program serves the most vulnerable and at-risk populations throughout all of lower Fairfield County, showing them that people are in their communities who care about them, their concerns, and their health. Genuine connection and trust is built through providing consistent services grounded in dignity and respect, such as distributing harm reduction materials including syringes and safe use kits, providing free NARCAN for immediate overdose reversal, and facilitating connections to care at Liberation and other social service providers.

■ PREVENTION & EDUCATION

Liberation delivers prevention programs to schools and youth groups in addition to offering the services of counselors embedded in Greenwich High School and Staples High School in Westport. Equipped with the understanding that students may be curious about substances, our prevention programs focus on empowering students with knowledge about how substances work and interact with our bodies and minds, proven to be more effective than abstinence-based education. Our programming helps support students as they cope with a loved one's substance use, educate them on risky behaviors associated with substance use, and provide overdose reversal and suicide prevention training.

■ INTEGRATED HEALTH

In partnership with Stamford Health, Liberation offers integrated behavioral health services for Stamford Health primary care clients at their Long Ridge Road location in Stamford and their Holly Hill Lane location in Greenwich. This unique and innovative setup allows Stamford Health clients to receive fast referrals to dedicated behavioral health clinicians in a primary care setting, creating more convenient service delivery while reducing stigma.

OUR COMMITMENT

Only 10% of those who could benefit from treatment actually seek it, leaving nine out of ten individuals without the support they need. This gap often stems from stigma and shame, which prevent individuals from taking their next step towards a healthier life.

Liberation Programs is committed to breaking down these barriers. We will continue to meet people where they are, free from our own agendas, and create an environment that fosters authentic connection and support.



FIRP continues to be one of the only programs in Connecticut to offer help to mothers and up to two children in the family under 10 years old.

OUR IMPACT

BY THE NUMBERS

Number of Unique Clients Helped

2024	3,248
2023	2,803

% of clients satisfied with their treatment and outcomes

2024	95%
2023	84%

State Average: 91%

Number of People Participating in Prevention Education

2024	16,271
2023	6,281

Narcan Kits Distributed

2024	4,330
2023	2,172

Number of Transactions on Mobile Outreach Van

2024	20,395
2023	16,662

Number of Prevention Education Presentations

2024	489
2023	167

Number of Employees

2024	195
2023	171



Celebrating 30 YEARS of Dedication in Recovery

In June, Liberation Programs proudly celebrated 30 years of unwavering commitment from Dr. Maggie Young, DSW, LADC, CCS, Chief Recovery Officer, who has played a pivotal role in our mission to support individuals and families in their journey to recovery. Throughout Maggie's career, her leadership has fostered a safe and nurturing space where countless lives have been transformed. Her advocacy for holistic, family-centered care has set a standard in our organization and beyond, embodying our values of empathy and empowerment. As we celebrate Maggie's 30 years of service, we honor her profound impact on our community and look forward to continuing her legacy of compassion and support for years to come.

Johnny is an integral part of the Liberation Team, providing transportation for clients to health and other appointments.



LIBERATION PROGRAMS
GAVE ME
OPPORTUNITIES,
GAVE ME THE SKILLS
TO TAKE ADVANTAGE
OF THOSE OPPORTUNITIES
AND SAVE MY LIFE”

gave up on me. One time when I was clean, she hired me for a role as a peer support recovery coach at Mill Hill. But it didn't last long. I eventually stopped showing up for after a personal tragedy that ultimately led to my last period of use.

I returned to Liberation Programs for the last time on October 7, 2023, to be exact. I just had a stroke. Initially, my plan was to stay at Liberation House until I could secure some money. As soon as I had money I was going to go back to using. But this time was different, something shifted in me. I had a connection, started talking more. I started thinking, this time, I am going to do it.

Things started to click for me when I started participating in groups. I tried to become a leader, taking new clients at Liberation House under my wing. Liberation gave me opportunities, gave me the skills to take advantage of those opportunities, and saved my life. I worked closely with Bobby Boback and James Fulton at Lib House and was able to leave with a place to stay. I even got a scholarship from the Heron Project. That scholarship enabled me to enter Ellis Sober Living's program, and I am so grateful for that.

Now, a year later, I'm proud to do the hard work. I'm a different person. Liberation Programs gave me opportunities, gave me the skills to take advantage of those opportunities and save my life. They believed in me, and that's hard to do for yourself, but you have to try. They believed in me so much that now I am driver for Liberation House.

When I took the stage at Liberation's Gala this past summer, I was nervous about sharing this part of my life. But many people have told me how my story inspired them. I hope that people see me and say they can do it too.

JOHNNY'S STORY

FROM SURVIVING TO THRIVING

It took me a long time to get where I am today. I was in and out of treatment, in and out of jail, living on the street. I tried heroin for the first time in prison at the age of 25, and my life was consumed by drugs after that. After so many years, I was so worn down and tired. I had already been to Liberation House seven times and had completed the full 90 days of treatment three times; I had been to dozens of treatment centers across the state. In other words, I knew how to be an all-star at rehab.

Despite the challenges during that time of my life, I knew there was one person I could always call, Joanne Montgomery. She was constantly there for me, and she pushed me to try recovery. They called me “Johnny Lucky.” After 16 overdoses, I am so blessed to be alive. I am grateful because NARCAN worked. It saved my life. Joanne never





Rendering of new outpatient location on Commerce Street in Stamford.

MEETING THE NEED

INTRODUCING POLLAK PLACE

We are honored to celebrate the extraordinary contributions and enduring legacy of Edward Pollak by naming Liberation's new outpatient, substance use, prevention, and outreach center Pollak Place.

A dedicated champion of Liberation Programs, Edward served as Board Chair, Interim CEO, and Chair of the Finance Committee, leveraging his deep-rooted connections within the Stamford community to foster and strengthen Liberation's presence.

Set to open early 2025, Pollak Place will be located on Commerce Road in Stamford and provide a warm and sophisticated setting for our clients. The expansion will provide two times more usable clinic space than the current Liberation Clinic and includes an upgraded pharmacy, state-of-the-art counseling rooms, and enhanced amenities. The building project is currently under construction and made possible by the generous support of the State of Connecticut through the American Rescue Plan, a substantial tenant improvement contribution, and a grant from the Steven & Alexandra Cohen Foundation.

We are proud to share that the expansion will enable a significant increase in our outpatient services capacity. Pollak Place will be able to better accommodate the needs of our community with more space and extended hours that include evening appointments.

Our expanded outpatient services will offer a comprehensive range of support, including individualized counseling to address specific individuals' needs, family therapy to strengthen relationships and coping mechanisms, and group counseling to foster a supportive recovery community. We will also provide relapse prevention strategies, medically assisted treatment options, and mental health services to address co-occurring conditions, promoting overall well-being and long-term recovery.

We are deeply grateful to our funders for their commitment to helping us create a brighter future for those affected by substance use.

SPOTLIGHT

INNOVATION IN RECOVERY AND TREATMENT

Innovation in recovery and treatment is a cornerstone of our mission. In February 2024, we proudly won a Housing and Health Innovation grant in a Shark Tank-like competition hosted by the Connecticut Department of Housing to pilot a Managed Alcohol Program (MAP) in Stamford.



Left: Winning the Housing and Health Innovation Grant with the Connecticut Department of Housing

Below: Stamford Mayor Caroline Simmons with Liberation's Outreach Team



WHAT IS MANAGED ALCOHOL?

The Managed Alcohol Program (MAP) is a harm reduction-based housing stabilization model designed for individuals with severe alcohol dependence. These programs aim to reduce the harms associated with excessive drinking, such as health complications and homelessness. Participants receive a stable supply of alcohol, which helps to mitigate withdrawal symptoms and decrease the likelihood of binge drinking. Additionally, MAPs often incorporate social support, health services, and opportunities for rehabilitation, promoting a pathway to recovery while prioritizing the safety and dignity of individuals. By addressing alcohol dependence in a compassionate and structured way, these programs help improve overall well-being and quality of life.

Our dedicated team comprising employees, board members, and representatives from the City of Stamford

traveled to Canada to study existing Managed Alcohol Programs and gather valuable insights on best practices. With these proven strategies and the expertise of our staff, we will launch the MAP pilot program in Stamford in 2025. This initiative is a testament to our unwavering commitment to innovation and exemplifies our mission to provide effective treatment and recovery services that truly meet the needs of our community.

This achievement not only showcases our commitment to exploring new treatment options but also highlights our drive to enhance the services we offer. Not only will this impact the clients who join the program, but our community at large.

A YEAR OF EXPANSION IN PREVENTION EDUCATION

Liberation Prevention
Team engaging at
community events
across Fairfield County.



The Liberation Programs Prevention Department is at the forefront of fostering a healthier, drug-free community in Stamford through its oversight of the Partnership for Drug Free Communities (DFC).

Facilitated by the Centers for Disease Control and Prevention (CDC), DFC unites local partners—including businesses, schools, and city departments—to reduce youth substance use and address the underlying factors that contribute to it.

Complementing Liberation's DFC oversight is the Partnership for Success (PFS) program, which specifically targets underage drinking by providing robust educational materials and resources to youth in Stamford as well as compliance checks at local liquor stores.

Liberation conducts data collection and reporting for both programs, allowing the agency to have complete familiarity of the entire youth substance use landscape while building community, increasing resiliency, and helping to ensure the safety of youth in Stamford.





WORDS MATTER

REDUCING STIGMA THROUGH LANGUAGE

Language shapes our perceptions and attitudes, especially when discussing topics like substance use. The words we choose can either perpetuate stigma or foster understanding and compassion. By striving to use respectful and person-centered language, we can create a more supportive environment for individuals affected by substance use.

WHY WORDS MATTER

INFLUENCE ON PERCEPTION

Language influences how society views individuals who struggle with substance use. Negative terminology can dehumanize individuals, reducing them to their condition rather than recognizing them as whole people with unique stories.

IMPACT ON SEEKING HELP

The stigma associated with certain words can deter individuals from seeking help. When language is more accepting, individuals may feel more empowered to reach out for support and pursue recovery.

ENCOURAGING EMPATHY

Thoughtful language promotes understanding and empathy. When we use words that reflect respect and dignity, we create a culture of support rather than judgment.

WORDS TO USE

☑ "PERSON WITH A SUBSTANCE USE DISORDER"

☒ "ADDICT"

This phrasing emphasizes the individual first, acknowledging their humanity rather than defining them by their struggle.

☑ "RECOVERY"

☒ "CLEAN"

"Recovery" signifies an ongoing process, while "clean" can imply a judgmental of success or failure.

☑ "SUBSTANCE USE"

☒ "ABUSE"

"Abuse" carries a negative connotation that can further stigmatize, while "substance use" is more neutral and factual.

Choosing the right words is a crucial step in combating stigma surrounding substance use.

By embracing language that respects and empowers individuals, we can contribute to a more inclusive society that supports recovery and understanding.

Words have the power to heal, connect, and uplift!

SPIRIT OF HOPE CELEBRATION

HONORING DR. ACOSTA, DR. BERLIN,
AND DR. HINES OF STAMFORD HEALTH



We are honored to partner with the amazing physicians and team at Stamford Hospital on the Integrated Health Program.

Our Spirit of Hope Celebration was a resounding success! The energy was electric throughout the evening, and the generosity of our sponsors and guests made a lasting impact.

We were honored to recognize Dr. Acosta, Dr. Berlin, and Dr. Hines of Stamford Health with the Spirit of Hope Award for their unwavering commitment to expanding access to mental health care. The success of our partnership with Stamford Health, serving over 600 individuals in just three years, shows the vital need for these services.



I WAS TALKING TO MY WIFE ONE MORNING AND I SAID, 'I AM DONE. SOMETHING HAS TO CHANGE.' I ENDED UP TALKING TO MY DOCTOR, WHO RECOMMENDED THE INTEGRATED HEALTH PROGRAM AT LIBERATION PROGRAMS."

— INTEGRATED HEALTH CLIENT

The Stamford Health Partnership for Integrated Health

The Stamford Community Health Needs Assessment has shown behavioral health is the most pressing concern for residents. To address this issue, Stamford Health and Liberation Programs formed a unique partnership, creating an Integrated Health Program in our community. Liberation Programs counselors became embedded in Stamford Health Medical Group locations, starting in Stamford in 2021 and expanding to Greenwich in 2023. This co-location of primary care and behavioral health services gives providers access to mental health treatment for patients and facilitates a warm handoff to mental health professionals. Since this program began, over 600 patients have been referred to Liberation services, including over 400 in Stamford and nearly 200 in Greenwich. This is a tremendous partnership that we hope will continue to grow to meet the mental health needs in our community.

CELEBRATION PHOTOS



SPOTLIGHT

VOLUNTEERS

The First Congregational Church (FCC) Darien outreach committee, led by K.C. Simon, consists of dedicated, long-time volunteers at Lib House in Stamford.



Volunteers from the church bring board games and desserts to Lib House for Friday Game Night.



The First Congregational Church (FCC) Darien outreach committee, led by K.C. Simon, consists of dedicated, long-time volunteers at Lib House in Stamford. Since before COVID and resuming in November 2022, FCC has committed to volunteering one Friday night each month for an hour and a half. They bring desserts and host game nights with the men at Liberation House, our residential inpatient treatment program.

Being around individuals volunteering with acts of service is incredibly powerful for individuals in early recovery. Having people take time out to spend an evening with our clients not only brings a change to their daily routine but gives them a chance to interact with others who see them for who they are - not people in recovery or with a problem, just people. The deep conversations that are had during a board game introduce new perspectives and allow clients to share their stories with those who care and want to get to know them. Month after month, it is inspiring to see our clients greet the volunteers they have come to know and check in on stories they've shared or inside jokes they've formed.

The FCC outreach volunteers have brought new life to Liberation House for the clients and the staff who get to spend quality time with them. We are grateful to FCC volunteers for their unwavering commitment to putting faith into action. Perhaps the biggest testament to what their volunteerism means is hearing the clients ask when they'll be back for another game night.

WAYS TO SUPPORT LIBERATION PROGRAMS

Give today and help save a life! Your support will make housing, mental health services, harm reduction, effective treatment alternatives, and other critical services available for people striving to sustain lifelong recovery.

Donations can be made by returning the enclosed remittance envelope, visiting our website, or calling our office. If you currently have a Donor Advised Fund (DAF) with your financial institution, please consider making a gift to Liberation Programs.

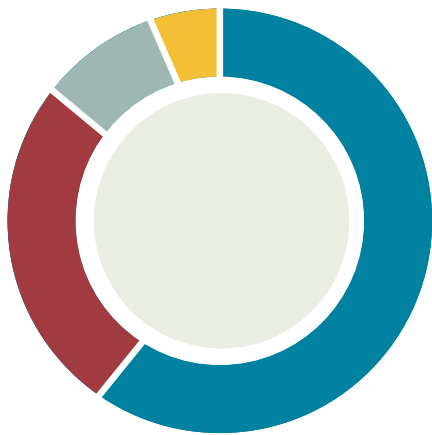
To make a gift in honor or in memory of someone special, please include a note in your donation so we can notify their loved ones.

A planned gift is a lasting investment in Liberation Programs now and beyond your lifetime. We invite you to consider a planned gift including:

- **Leaving a planned gift in your will or living trust**
- **Naming Liberation Programs as a beneficiary in your retirement account or life insurance**
- **Charitable Gift Annuities**
- **Requesting gifts to Liberation Programs in an obituary**
- **Donor Advised Funds (DAF)**
- **Endowment gifts**

**Liberation Programs Tax ID:
06-0867006**

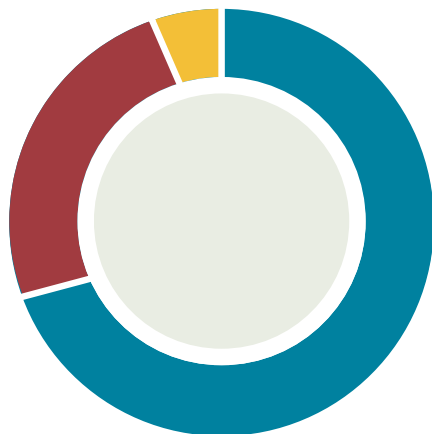
FINANCIALS



SOURCES OF SUPPORT & REVENUES

Program Service Fees	\$14,196,123
DMHAS	\$4,230,631
Fed, State and Muni Grants	\$1,289,612
Fundraising and Misc Income	\$777,323

Total Revenue	\$20,493,689
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ALLOCATIONS AND EXPENSES

Program Expense	\$15,486,609
Management and General Operating	\$2,739,658
Fundraising	\$403,371

Total Expenses	\$18,629,638
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Net Income / (Loss)	\$1,864,051
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*These are unaudited financials as of November 2024.

(left to right) Dr. Maggie Young, Demitria Nelson, Greenwich department of Human Services, and Debra Hertz, former Liberation programs Board Member.

THANK YOU TO OUR FRIENDS

GIVING BETWEEN JULY 1, 2023
TO JUNE 30, 2024

Dr. Rodrigo Acosta
Laurence Allen
Richard Almy
Alvarez and Marsal
Rebecca Amiot
Anonymous
AssuredPartners
Atlantic, Tomorrow's Office & Wells Fargo
Amy Badini
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Barti Chojar
Christ Church Greenwich
Amy Cohen
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Steven & Alexandra Cohen Foundation
Youth Community Fund of Darien
The Community Fund of Darien
The Congregational Church of New Canaan

Connecticut Court Support Services Division
Connecticut Department of Mental Health
and Addiction Services (DMHAS)
Ian Cook
Anne Cooling and Norman Brown
Walter Cortese
Cory & Bob Donnalley Charitable Foundation
Vicki and David Craver
Robert Curry
Charisse Czaja
The Dammann Fund, Inc.
Darien High School Parents Association
Daydream Communications
Arthur Delmhorst
Alba Dexheimer
Laura and Hans Dijs
Susan S. DiMattia
Debra Dunbar
Kelly Dupont
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EBM, Inc.
Kathryn Emmett and David S. Golub
Joseph Esposito
Fairfield County's Community Foundation
Mark Figgie
Bill Finch
First Congregational Church of Darien
First Congregational Church of Greenwich
First County Bank Foundation, Inc.
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First Presbyterian Church of New Canaan
Josh and Nancy Flaherty



Daniel Flynn
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 Icy and Scott Frantz
 Anne Friday
 Sierra Galliagi
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 Joshua Gerhardt
 The Gibbons Foundation
 Brooke Gies
 Gilead Sciences, Inc.
 Nanette Ginise
 Greater Kansas City Community Foundation
 Ginny and Bob Green
 Greenwich United Way
 Town of Greenwich DHS
 Town of Greenwich DHS ARPA - Substance Use
 Town of Greenwich DHS ARPA - Mental Health
 Town of Greenwich American Rescue Plan Act
 Town of Greenwich CDBG
 Suzanne Grey
 Maria Berenguer Hancock
 Steve Hardy
 Darrell Harris
 H. Darrell Harvey
 Jane and John Harwood
 Brian Hathaway
 Health Care Advocates International
 Hilary Hendel
 Andrew R. Hersam, RCP
 Debra and John Hertz
 Dr. William Hines
 Marnie and Ray Hodil
 Bob and Nancy Holland
 Gary Holmes
 Natalie Anne Murphy and L. Francis Huck
 Katherine Hudson
 Hartwell Hylton
 Peter Izzo
 Eliot and Philip Jacobs
 Emile Jacques
 Juanita James
 Holly Jespersen
 Stephanie Jordan
 Anthony Kiniry



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 Arlene Leifer
 Leon Lowenstein Foundation
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 Terri Ann Lowenthal
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 Ingunn McGregor and Harry Schaible
 William Meleney
 Philip Meyer
 Ali and Doug Milne
 Bill Mitchell and the Mitchell Family
 Donna and Dennis Monson
 Joanne Montgomery
 Polly Morrow
 Kwame Moses
 Mountainside
 Margaret Mudd
 Near & Far Aid
 Dean Nelson, Jr.
 Network for Good
 New Canaan Community Foundation
 Optimus Health Care, Inc.

THANK YOU TO OUR FRIENDS

GIVING BETWEEN JULY 1, 2023
TO JUNE 30, 2024

Orion Protective Services
Carl Painter
Panwy Foundation, Inc.
Roger Paulmeno
Susan Pfister
Pitney Bowes Inc.
Kari Pollak
Marianne Pollak
Progressive Diagnostics, LLC
Laks Pudipeddi
Heather and Todd Raker
RAM Council Foundation
Lorraine and Bob Reeder
Paul Reinhardt
Martha Rhein
Peter Rockholz
Rotary Club of Bridgeport
Rotary Club of New Canaan
Nancy Russo
S & L Marx Foundation
Evan Salop
Kirk Santos
Dr. Harold J. Sauer
Janill Sharma
Cynthia J. Shaw
John Shaw
Kathleen Silard
Kathleen C. Simon
Judith and Robert Sinche
Joyce Sixsmith
Slavins-Hancock Pharmacy, Inc.
St. John's Community Foundation
City of Stamford
City of Stamford CDBG
City of Stamford Mayor's Office
City of Stamford OPM
Stamford Health
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Ernie and Anna Steiner
Jayme Stevenson
Lynnette Stone
Stop & Shop

Eileen Tang
Katherine and Brett Taylor
Mandy Teare
Louis Tedesco
Thurston Foods
Travelers Championship
Sara Tucker
Carol Turner
Sree Vaid
Elizabeth Van Munching
Jill and Bill Vernon
Rachel Vogt
John Von Stade
Ben Wade
Walmart Facility #2585
Walmart Facility #2954
David and Molly Watkins
James Weil and Elizabeth Menten
David Weisbrod
Jacqueline Weiss
Mark Weissler and Nancy Susan Voyer
Stuart Weitzman
The Westport Woman's Club
Chris and Elizabeth Whitney
Andrea Whyte Mallozzi
Fiona Wilkes
Workers Compensation Trust
Yale New Haven Health
George Yerrall



HOW YOU CAN HELP

MORE WAYS TO SHOW YOUR SUPPORT

At Liberation Programs, we rely on generous support of individuals, community groups, local businesses, and corporations for the essential funds that make our mission possible. Every donation, regardless of size, helps us meet the critical needs of families in our community.



DONATIONS

Donations can be made by mail, online, or calling our Development office at **(203) 391-7902**. Consider making your gift monthly, an easy way to show your support.



PLANNED GIVING

Planned Giving is an exceptional opportunity to advance Liberation Program's mission. When you share your commitment to Liberation Programs in your estate or financial plan, you become an honored member of our Legacy Society. Planned gifts include gifts in a will or living trust, charitable trusts or gift annuities that benefit Liberation Programs, gifts of life insurance, financial accounts, or identifying Liberation Programs as a beneficiary in one of your plans.



MATCHING GIFTS

Does your employer match your charitable donations? If so, be sure to let us know so we can work with your employer to double your donation and double your impact!



VOLUNTEER

Do you have a skill or hobby that you would like to share with us? Volunteers are welcome to help with maintenance and facilities projects, spend time with clients, share job skills, teach yoga, and more. Contact us to see what may be a good fit!



IN-KIND GIFTS

We accept donations of new clothing for men, women, and children, toiletries, books, non-perishable food and more. Contact our Development office to see what items are needed most.



To learn more about Liberation Programs or to make a donation, please visit our website at www.liberationprograms.org or contact Tracy Cramer at tracy.cramer@liberationprograms.org

AND JOIN US ON SOCIAL MEDIA FOR THE LATEST!



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Platinum
Transparency
2024

Candid.

Charity
Navigator



FOUR-STAR



www.liberationprograms.org