

IMPACT REPORT 2021



SINCE 1971



Liberation
RECOVERY
FOR LIFE
Programs

www.LiberationPrograms.org



1-855-Lib-Prog



LETTER FROM CEO

Dear Friends,

As we reflect on the past year, we cannot ignore the significant impact the COVID-19 Pandemic had on us all. Nearly 18 months since the start of the Pandemic, we continue to see the effects that isolation, loneliness, grief, and uncertainty have - especially on those with Substance Use Disorders. We have seen an increased need for Substance Use and Mental Health Treatment as well as an increase in relapses. Nationwide, there were an unprecedented 93,000 overdose deaths in 2020, with nearly 1,400 in Connecticut.

Through these difficult times, we have had wonderful opportunities to expand our work to save more lives. With support from the Department of Mental Health and Addiction Services (DMHAS), we have a 2nd Mobile Wellness Van meeting people where they are throughout Lower Fairfield County. We were the only program in the state to be selected to participate in a research study with the National Institute on Drug Abuse (NIDA) for Opioid Use Disorder Treatment, Retention, and Discontinuation. We have helped remove litter from our communities, collected unwanted medications, partnered with local police for diversion programs, provided hundreds of overdose reversal Narcan kits, and celebrated our 50th Anniversary with the first virtual Spirit of Hope!

The work that we have accomplished over the past year - and the last 50 years - would not be possible without the dedication of our Staff, Board, Volunteers, and Donors. Included in this report are ways to give, and I hope you will consider making a life changing donation today.

Thank you for your commitment to Recovery for Life!

My best,



John Hamilton
President & CEO



FINANCIAL OVERVIEW

FY Ending June 30, 2021

***Unaudited, preliminary figures**

PROGRAM SERVICE FEES
\$6,042,357

**FUNDRAISING &
MISC INCOME**
\$718,926

**FED, STATE, &
MUNICIPAL GRANTS**
\$2,379,668

**SOURCES OF SUPPORT
AND REVENUES**

\$12,021,416

**DEPT OF MENTAL HEALTH
& ADDICTION SERVICES
(DMHAS) \$2,880,465**

**MANAGEMENT &
GENERAL OPERATING**
\$1,656,132

FUNDRAISING
\$163,083
1.53%

**ALLOCATIONS AND
EXPENSES**

\$10,675,668

PROGRAM EXPENSES
\$8,856,453



OUR IMPACT

2,213 Recoverees Received Program Services in Fiscal Year 2021

OUTPATIENT & INTENSIVE OUTPATIENT (IOP) PROGRAMS

1,887 served in FY21

Bridgeport and Stamford Programs include Medication Assisted Recovery, group & individual therapy, relapse prevention, and mental health services.



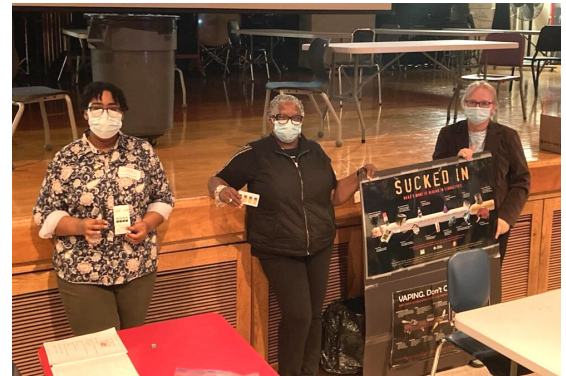
INPATIENT PROGRAMS

295 served in FY21

Families in Recovery Program (FIRP) in Norwalk and Liberation House in Stamford offer 24/7 care for Recoverees with structured daily treatment tailored to their needs.

EDUCATION & PREVENTION PROGRAMS

Greenwich and Westport based outreach to schools and youth groups strengthen and promote youth resiliency, reduce substance misuse, and support families coping with a loved one's addiction.



MOBILE WELLNESS VAN

2,565 individuals seen in FY21

Provides outreach services, harm reduction supplies, referrals to treatment, and prescriptions for Buprenorphine to adults with substance misuse disorders throughout Lower Fairfield County.



WORDS OF GRATITUDE

From the parent of a Recoveree to a Counselor

I couldn't express adequately on the phone before how much you did. I know that you know but I want to make sure you know that I know. When I met you last week **I could tell you were special**. Not just that you have the credentials which to be honest impressed me. But you are a highly skilled communicator which, in this case, I know was critical.

Several days into Grace's* stay at the motel she made it clear to me that the place was not a good place for her to be. She and I talked about discussing it with you to see how far she could go from the Bridgeport Liberation Programs and still be able to get a cab at no cost. Grace and I agreed that it would be unwise to lose what was apparent to us both, **that she should stay working with you**. You impressed us both that you were going to really do everything in your power to help her, in this case and among other things, overcome the insurance challenges in finding an inpatient program. It would probably be 4-6 weeks which was such a disappointment.

A lot of people say it, but we felt that you would do everything in your power. You kept in touch with Grace last weekend. **I can't tell you how much that meant to Grace and me**.

As Grace's circumstances became more dire, **you rapidly facilitated today's events**. I think you woke up this morning and said, "not on my watch". I don't think you left her side today, and I'm guessing that you knew that Grace needed you one on one all day including a trip with her to the motel to gather her things. I know what that entailed and how exhausted you must be at this moment. I can imagine all the things that I don't know about how you helped my daughter before today and especially today.

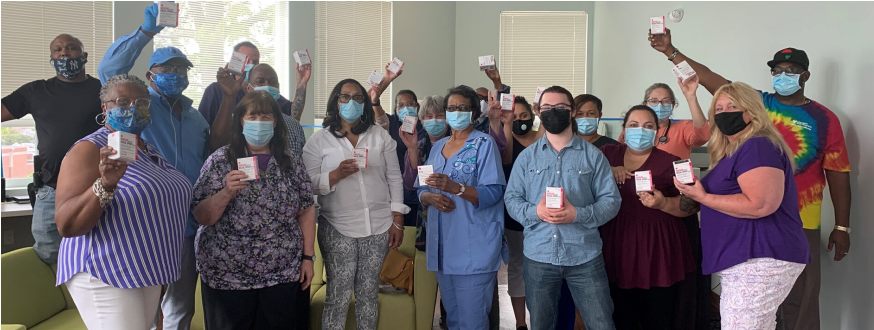
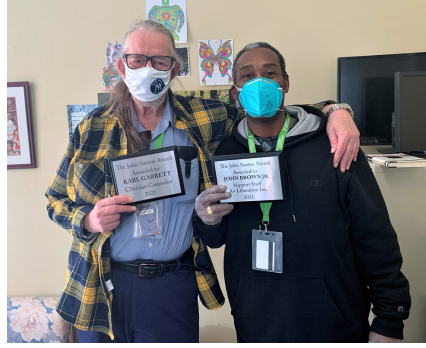
It's only the beginning of what will be a challenging path for her but she has done it before and with help is capable of doing it again. She is wiser now and knows how thin the margin between success and failure is and if all goes as planned per our discussion today, **I believe this will be the last time**. That's a bold statement. As I said in an earlier email, I've been at this with her for 15 + years and I also know that failure is an ever present possibility.

An addict's success is not only in her power but the power of those with the knowledge and heart to help. **Grace and I got so lucky this time in having you in her corner. In my heart I know that Grace was heading to disaster and that you prevented it**.

Thank you.

**Name has been changed for anonymity.*

HIGHLIGHTS



YOU CAN HELP

The work we do would not be possible without you. There are many ways to give back to Liberation Programs. Please contact us if you have any questions, and thank you in advance for your support.

PAYPAL GIVING FUND

Donate through the PayPal Giving Fund at <https://bit.ly/3lheR8Z> with 0 fees. Set Liberation Programs as your Favorite Charity and make a donation whenever you pay with PayPal.

MATCHING GIFTS

Many employers match donations made to non-profits by current and retired employees. Does your company offer a match? Let us know.

SHOP AMAZONSMILE

When you shop at Amazon, shop via AmazonSmile and choose Liberation Programs as your charity of choice. We will receive 0.5% back from your purchase.

BECOME A VOLUNTEER

We have many virtual and in person opportunities to spend time with Recoverees, assist with administrative tasks, host donation drives, and more.

MAKE A DONATION

Make a monetary donation online, via check, wire, money order, or gift of stock. Contact us or visit www.liberationprograms.org/donate.

PLANNING GIVING

Consider a bequest or gift through your estate or leave Liberation Programs as the beneficiary in your retirement or life insurance plan.

IN KIND GIFTS

We accept donations of various items including new clothing and bedding, electronics, groceries, books, toiletries, and more.

FOLLOW AND SHARE ON SOCIALS

Follow us on Facebook, Instagram, Twitter, and LinkedIn - like our pages, share our posts, and even consider starting a Facebook fundraiser for us!

INTERESTED IN DONATING OR LEARNING MORE?

Contact the Development Department at development@liberationprograms.org or 203-354-6918.



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MISSION

Liberation Programs' mission is to provide prevention, treatment and recovery services to help individuals and their families impacted by substance use and mental health conditions to foster hope and maintain wellness.

www.liberationprograms.org

