



# Liberation Programs

RECOVERY  
FOR LIFE

## IMPACT REPORT 2019 - 2020





# FROM THE DESK OF THE PRESIDENT & CEO

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Dear Friends,

What a whirlwind year this has been! Every day we are addressing the Opioid Epidemic which has hit Connecticut hard with an 18% increase in accidental overdoses last year. In the midst of implementing our services and increasing our harm reduction efforts, the COVID-19 Pandemic hit. A quick shift was made to provide telehealth sessions and take home medications. We could not allow visitors and followed strict PPE requirements. We saw the very real impact that anxiety, fear and isolation have on people living with Substance Use Disorders. The first half of 2020 in Connecticut saw a 22% increase in accidental overdose deaths. We remain committed to dignity and respect for all while focusing on the importance of health equity and social justice. The past year has shown us all how much we are capable of and that we must always be prepared for any circumstances. Thank you for your steadfast support. It is because of you that we can continue saving lives and providing Peace, Love and Liberation.

Gratefully,



**JOHN HAMILTON**  
President & CEO



# WHAT WE DO & OUR IMPACT

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## OUTPATIENT PROGRAMS

in Bridgeport, Stamford and Greenwich include medication-assisted treatment, group therapy, and individual counseling.

## INPATIENT PROGRAMS

the Families in Recovery Program (FIRP) in Norwalk and Liberation House in Stamford offer 24/7 care for Recoverees with structured daily treatment tailored to their needs.

## INTENSIVE OUTPATIENT PROGRAMS (IOP)

in Bridgeport and Stamford is a 3-hour, 3 x weekly program for those needing a higher level of care. Holistic techniques include mindfulness, meditation and relapse prevention.

## EDUCATION & PREVENTION

based out of Greenwich High School and Staples High School in Westport, deliver informational lectures, in-school presentations, and materials tailored to each audience.

## MOBILE WELLNESS VAN

provides outreach services to adults with substance and alcohol misuse through engagement and recovery supports. Treatment referrals, prescriptions, Narcan, harm reduction and education resources are available.

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**2,449**

Recoverees served during  
FY20

**76%**

Recoverees reduced or  
eliminated substance use

**77%**

Inpatient Recoverees  
completed their program

**95%**

satisfaction reported  
by all Recoverees

“Being able to have  
my child here and having  
many obstacles to  
overcome at the same  
time has helped me learn  
how to cope and deal  
with problems.”

Inpatient  
Recoveree



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# 2019 - 2020 Year in Review



Official Ribbon Cutting of the Pelletier Wellness Center in Bridgeport



Southwest Community Health Center location at Pelletier for primary medical and dental care



New Canaan Parent Support Group's Annual Vigil with emcee John Hamilton



Participating in the American Association for the Treatment of Opioid Dependence (AATOD) Conference



Mort & Eleanor Lowenthal celebrated the holidays at FIRP



Annual Holiday Party for our dedicated Staff and Board of Directors



John Hamilton speaks with Sen. Blumenthal on added funding to address the Opioid Epidemic



The Community Fund of Darien awarded a grant for our APRN position



Shelf stable food was donated by the Cleaning Authority during the COVID-19 Pandemic



Mother's Day photoshoot with the Moms and kids at FIRP and Gini's House



We celebrated Juneteenth with soul food and handmade Kente style masks

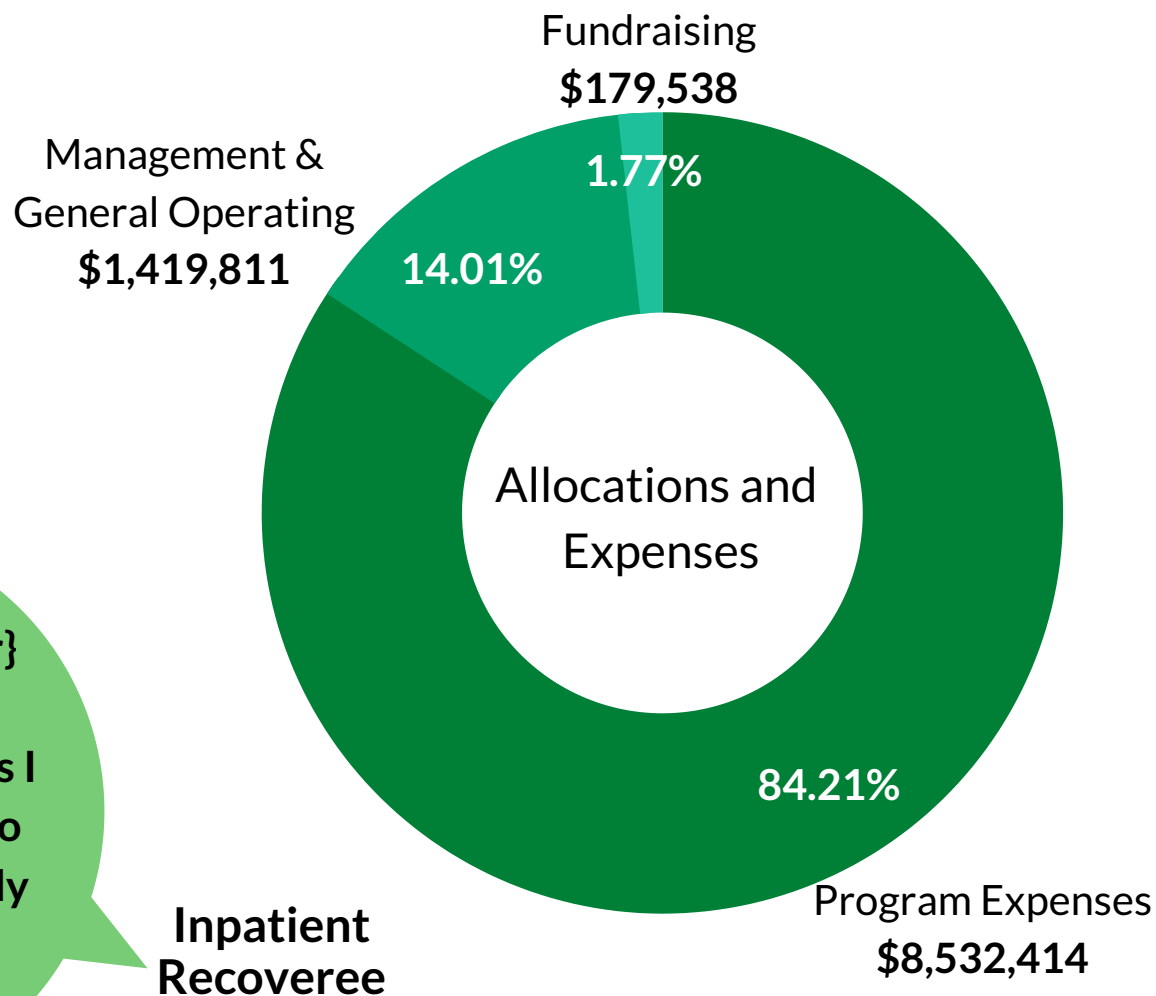
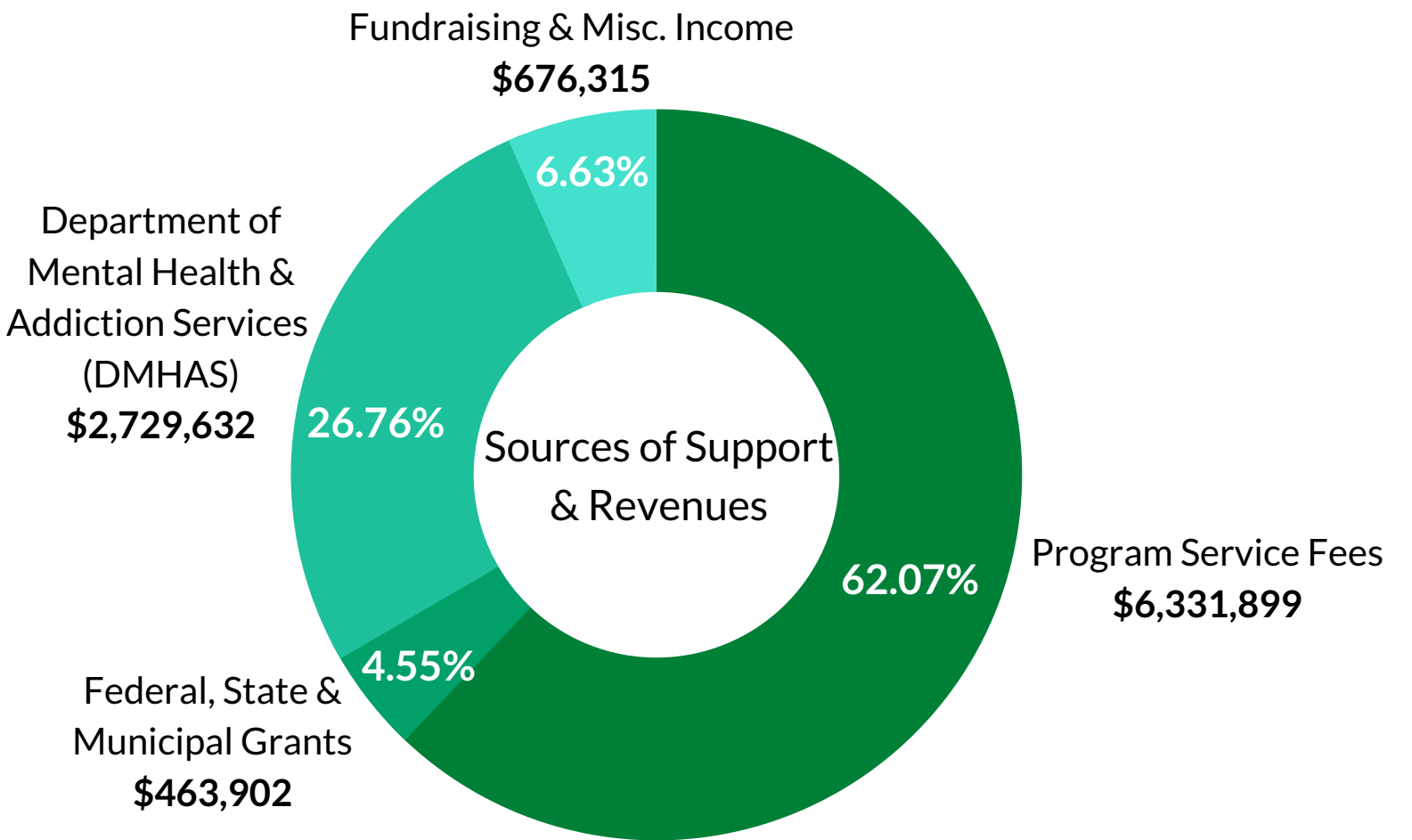
Outpatient Recoveree

"You guided me and gently pushed; believed in me when no one would. Liberation, a place that's more like family. A place that feels like home."



# FINANCIAL OVERVIEW

FY Ending June 30, 2020



"Without {Counselor} help, I don't think I would feel as strong as I do about being able to leave here successfully without relapsing."

**Inpatient  
Recoveree**



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***Space Limitations do not allow us to list all gifts;  
however we are deeply grateful to all contributors***



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## Make a Donation

Visit [www.liberationprograms.org/donate](http://www.liberationprograms.org/donate) or call our office to make a tax-deductible gift.



## Naming Opportunities

Sponsor a room, building, bench, etc. and have your name on it forever.



## Planned Giving

Consider leaving a gift to Liberation Programs in your estate planning.



## Amazon Smile

Shop AmazonSmile and choose Liberation Programs as your charity of choice and we receive 0.5% of your total.



## In Kind Gifts

We accept donation of new clothing, bedding, furniture, gifts, groceries and more.



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To learn more or make a contribution, please contact [development@liberationprograms.org](mailto:development@liberationprograms.org) or call 203.354.6918.