

# Bringing Hopes & Dreams to Life

## Dear Friend:

Do you believe that even in the most dire situations miracles can and do happen? Liberation Programs is a place where miracles are indeed possible. This holiday season, we invite you to visit our Families in Recovery program and witness firsthand how the power of love and fortitude are creating miraculous results.


We are truly inspired by the women that we have come to know and respect at Families in Recovery. Every day, on a single floor no larger than 3,000 square feet, ten women, in various stages of recovery, co-habit with their children. Every day, these women conjure enough strength to cope with past hardships and care for their little ones. Every day, these women go beyond simply acknowledging an unhealthy dependency; they unselfishly take action to transition their lives and create brighter futures for their children.

Statistics help paint a clearer picture of the urgency to increase treatment and supportive services to pregnant and parenting moms—especially those facing motherhood during their teenage years. In Connecticut alone, over 25,000 mothers are in need of treatment. However, there are few options available that meet their unique needs while providing a nurturing environment for their children.

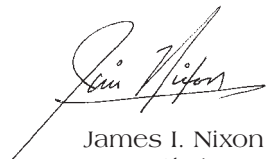
Our Families in Recovery program is just one example of how the Liberation team upholds our commitment to tailor solutions to specific issues. Whether providing assistance to moms and their little ones, or reuniting a son with his parents, we are determined to go above and beyond to help those who are most vulnerable. Our commitment is to provide the support and care to those afflicted with drug and alcohol disorders—care they need and deserve.

As always, we thank you for partnering with us as we build the foundation for lasting results. Your encouragement and unwavering support have enabled thousands of individuals to reclaim their lives and restored the hopes and dreams of even more families. We want to acknowledge the enormous influence you have on our clients' lives, their families, and our communities with your investment in Liberation Programs once again.

Sincerely,



Alan J. Mathis  
President & CEO



James I. Nixon  
Chairman

# Vision

We share a vision of a community

- That recognizes substance abuse as a chronic medical condition that is highly amenable to treatment and provides tools that ensure lasting recovery.
- That sees through the veil of the disease and values the person seeking a peaceful and meaningful life.
- That adapts cutting-edge medical and social research into the community-based setting.
- That readily provides access to care that inspires confidence and hope for all its citizens, regardless of personal resources.
- That integrates substance abuse prevention and treatment into the healthcare system and leverages the necessary resources aimed at building resilient families and strong communities.

Liberation Programs Inc.  
4 Elmcrest Terrace  
Norwalk, CT 06850  
203-851-2077  
[www.liberationprograms.org](http://www.liberationprograms.org)

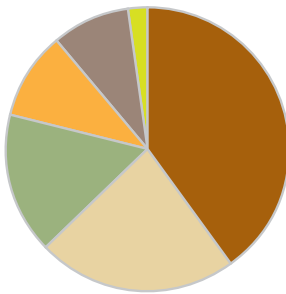
## Results of Operation for the Fiscal Year Ended June 30, 2008

### Revenue

|   |                  |
|---|------------------|
| Government Paid Client Fees                           | \$2,259,985      |
| Department of Mental Health and Substance Abuse Grant | 3,940,170        |
| Other Federal and State Funding                       | 1,605,879        |
| Fundraising, Grants & United Way Funding              | 955,093          |
| Housing, Counseling, and Other Client Fees            | 893,957          |
| Other Revenues  | 148,521          |
| <b>Total Revenue</b>                                  | <b>9,803,605</b> |

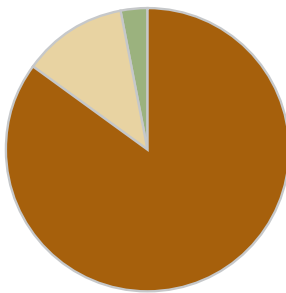
### Expense

|  |                   |
|--|-------------------|
| Program Services                         | 8,228,843         |
| Management and General Expense           | 1,129,278         |
| Fundraising                              | 251,647           |
| <b>Total Expense</b>                     | <b>9,609,768</b>  |
| <b>Increase/(Decrease) in Net Assets</b> | <b>\$ 193,837</b> |



**Liberation Programs, Inc.  
Fiscal Year 2008 Support and Revenues**

- 40% ● DMHAS Grant
- 23% ● Government Paid Client Fees
- 16% ● Other Federal and State Funding
- 10% ● Fundraising, Grants & United Ways
- 9% ● Housing, Counseling and Other Client Fees
- 2% ● Other Revenues



**Liberation Programs, Inc.  
Fiscal Year 2008 Expenses**

- 85% ● Program Services
- 12% ● Management and General Expense
- 3% ● Fundraising

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Liberation Programs thanks our 350 friends and supporters who joined us in celebrating **Spirit of Hope**. **Spirit of Hope** raised \$295,000; proceeds will help to expand and enhance our Families in Recovery program through the creation of a **Women and Children's Center of Excellence**.