

Vision

We share a vision of a community:

- That recognizes substance abuse as a chronic medical condition that is highly amenable to treatment and provides tools that ensure lasting recovery.
- That sees through the veil of the disease and values the person seeking a peaceful and meaningful life.
- That adapts cutting-edge medical and social research into the community-based setting.
- That readily provides access to care that inspires confidence and hope for all its citizens, regardless of personal resources.
- That integrates substance abuse prevention and treatment into the healthcare system and leverages the necessary resources aimed at building resilient families and strong communities.

Liberation Programs, Inc.
4 Elmcrest Terrace
Norwalk, Connecticut 06850
Phone 203.851.2077

www.liberationprograms.org



A Year of Engagement

Mission

Liberation Programs, Inc. empowers people and their families to be free of the disease of addiction by providing targeted solutions that restore lives and strengthen our community.

Strategic Direction

Liberation Programs, Inc. seeks to meet our mission boldly by investing in stronger infrastructure and enhanced core program services aimed at improving client outcomes and position Liberation Programs for long term success. Our strategies to achieve our mission include the following steps:

- Increase private funding to strengthen core program services.
- Provide timely integrated care through partnerships aimed at improving “recovery” results.
- Enhance “core” treatment services to ensure the highest quality care to our clients.
- Invest in the agency’s infrastructure to meet current critical needs and expected business challenges.

Inside all of us lies the power to impact our future. Though previous life experiences cannot be changed, lessons learned along the way can help craft stories different from the past. At Liberation Programs, Inc, we view every day as an opportunity for individuals to create a new path of hope, strength, and recovery.

Drugs and alcohol compromise 25.5 million Americans’ ability to lead fulfilling lives each year. According to the Substance Abuse and Mental Health Services Administration, Connecticut continues to rank among the highest states with people who use drugs and alcohol. Chances are we all know someone who has the disease; however, because of stigma and embarrassment, our friends, loved ones and co-workers too often suffer in silence and become paralyzed by a treatable disorder.

Liberation Programs encourages people with substance use disorders to author new chapters in their lives. We understand that there are many circumstances that ignite drug and alcohol use. Our goal is to remove those obstacles that hinder successful recovery for the 1,200 people and their families we serve daily. Using tailored treatment solutions, we provide a recovery experience that fosters the best chance of attaining sobriety.

In fiscal year 2009, we launched a major initiative helping people who have both substance use and mental health disorders—by doing so, we will improve quality of life and longevity. We enhanced our use of new technologies and strengthened our ability to integrate primary medical care through partnerships, significantly improving care coordination. And, we stepped up efforts to fulfill basic needs like food, clothes and links to housing.

It is with your support that we continue this journey to save lives. We are energized by the achievements accomplished in one year, and are eager to help others in Fairfield County find their path of recovery.

With sincere appreciation,



Debra Hertz, PhD.
Chair



Alan J. Mathis
President & CEO

A Mothers' Recovery Story



I am thankful to the staff at Liberation Programs for proving to me that it is never too late to start over.

— Latoya

Latoya is a Liberation Programs graduate; she celebrated her 36th birthday by sharing her remarkable journey to recovery.

As I turn another year older, I am grateful to Liberation Programs for giving me one of the happiest birthdays I've ever had!

Growing up, I knew something was not right at home. At the age of eight, I was separated from my family and I was alone. At some point drugs found me, or I found them, either way, drugs controlled my life. It was not until I lost my children that I realized that I would never be able to stop using on my own.

When I learned that there was a treatment program for mothers like me, I remember the word liberation made me think that I could be liberated and free. In my time of need those words sounded good to me.

Liberation Programs made it possible for me to enter their Families in Recovery program and keep my children. They arranged our doctor, dentist and therapist visits, taught me parenting and life skills, and helped me to accept and understand my addiction. Most importantly, I learned not to let my past dictate my future.

Someone once said to me "I didn't think you would ever make it," well guess what, I did! In November of 2008, I graduated from Families in Recovery, and with their help, my children and I relocated to a beautiful apartment. I admit that I am sometimes afraid, but I get through each day knowing that I have the love and support from my FIRP family.

Thank you,
Latoya (and Mickey and Felicia)

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Results of Operation for the Fiscal Year Ended June 30, 2009

Revenue

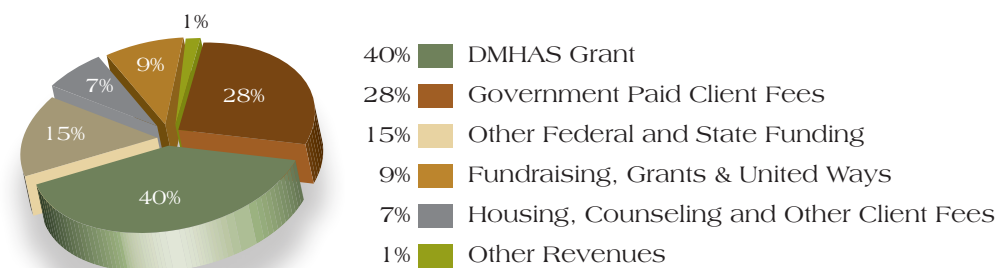
Government Paid Client Fees	\$2,683,037
Department of Mental Health and Substance Abuse Grant	3,897,719
Other Federal and State Funding	1,487,485
Fundraising, Grants & United Way Funding	627,971
Housing, Counseling, and Other Client Fees	897,308
Other Revenues	60,815
Total Revenue	9,654,335

Expense

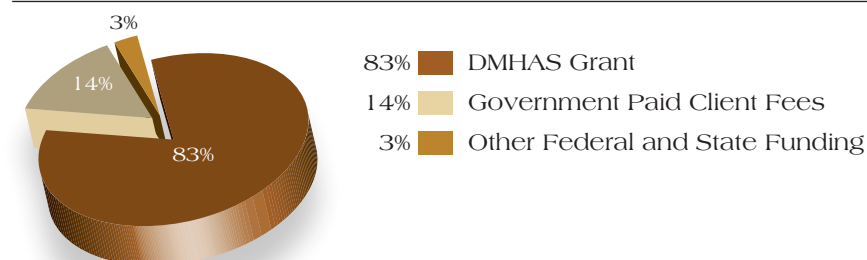
Program Services	8,014,255
Management and General Expense	1,353,378
Fundraising	282,989
Total Expense	9,650,622
Increase / (Decrease) in Net Assets *	\$3,713

* Excludes Gain on Sale of Property

Liberation Programs, Inc. Fiscal Year 2009 Support and Revenues



Liberation Programs, Inc. Fiscal Year 2009 Expenses



Donors:

Liberation Programs' Board of Directors and staff graciously recognize and appreciate the following individuals, corporations, foundations, government agencies, and faith-based organizations for supporting our efforts to provide targeted treatment solutions in fiscal year 2009.

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Every effort has been made to ensure accuracy of Liberation Programs' Donor List. If you should have any questions about this list please call our Development Office at 203-851-2077.

Liberation Programs appreciates our sponsors and guests who made our 2nd Annual Spirit of Hope Benefit Dinner a success! Spirit of Hope raises awareness of pregnant and parenting women's unique treatment needs. Our goal is to build a Women & Children's Center of Excellence to provide enhanced treatment services and long-term supportive housing. We are truly grateful for all the enthusiastic support which brings our dream a step closer to becoming a reality.

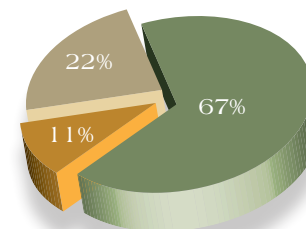
Treatment Outcomes Matter



The fundamental responsibility of a substance abuse treatment organization is to change the life of the individual addict, and by doing so, help create healthier families and stronger communities. At Liberation Programs, Inc. the outcome of each person who enters treatment matters and our chief priority is to return people to productive living. People who successfully complete our residential and outpatient treatment programs substantially reduce or eliminate substance use, develop and maintain socially appropriate relationships, fulfill major life obligations and achieve remission from the persistent physical and or psychological problems caused by or exacerbated by substance use.

Liberation Programs' Effectiveness

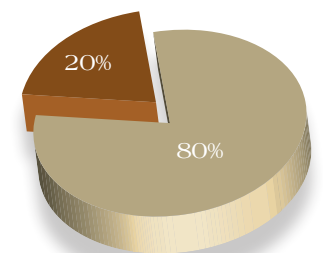
Adult Completion Rate



67% Completed
22% AMA*
11% Referred out

Liberation Programs' Efficiency

Timely Admissions



80% Admitted within 72 hr.

*Left Against Medical Advice